

FBB Women Support Event

Date: Saturday June 25, 2022 Venue: Margaritaville Ball Room

PROGRAM

Event Host: Mrs. Janice Rolle

9:30am – BREAKFAST

> 10:00am - Opening and Welcome Mrs. Janice Rolle

➤ 10:10am - Introduction of Speaker Ms. Bridget Forbes

▶ 10:15am – Physical Health Dr. Roker-Davis

> 11:15am - Prizes & Giveaways

> 11:25am – Introduction of Speaker Mrs. Antonice Bethel-Blyden

> 11:30am - Mental and Emotional Health Dr. Edrica Richardson

> 12:30pm - Entertainment Segment Comedy Comedian: Das Quay

> 1:00pm - Lunch

➤ 1:30pm - Introduction of Speaker Ms. Nikia Bain

> 1:35pm – Financial Health Mrs. Spencer Smith

2:35pm – Prizes & Giveaways

- > 2:40pm Entertainment Segment Solo
- 2:45pm Question and Answer Panel Session: Work Life Balance (Carmel Parker-Dean, Michelle Sawyer, Spencer Smith)

Panel Host - Mrs. Janice Rolle

> 3:15pm - Final Giveaway & Dismissal